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# Cégep de Sept-Îles: AMAZING!

Cégep de Sept-Îles is more than a place of study. I will not only learn professionally, but I will also grow personally.

- > If I wish, I may choose optional or general courses in French.
- > Smaller groups mean personalized teaching and my success.
- > Classes are focused on practical skills.
- > High-tech equipment.
- > Alternating work-study in several programs.
- > Excellent placement rates.
- > Dynamic student life.
- > Many sports and cultural activities.
- > Many opportunities to get involved.



## I WANT TO TRY IT!

### STUDENT FOR A DAY

If I am undecided about which program to choose, I can try the Student for a Day program. It will give me the opportunity to visit the facilities, learn more about the college, meet the teachers, connect with current students, and get answers to any of my questions. I may also get to participate in some of the educational activities being offered by the programs I am interested in. I can register online at: [cegepsi.ca/english-section/student-for-a-day](http://cegepsi.ca/english-section/student-for-a-day).

### OPEN HOUSE

The next Open House will be held on **January 17<sup>th</sup>, 2019**. I will be able to visit the modern facilities and learn more

about the programs and services being offered at Cégep de Sept-Îles.

### GUIDED TOUR

If I want to discover all the services and facilities of the Cégep, I can plan a personalized guided tour for me and my friends.

## FOR MORE INFORMATION, CONTACT:

**Caroline Michaud,**  
School Information Advisor  
418 962-9848, ext. 236  
[caroline.michaud@cegepsi.ca](mailto:caroline.michaud@cegepsi.ca)



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# FOCUSED ON MY SUCCESS

## ACADEMIC ADVISORS

Justin Painchaud, ext. 298, office D-104

Kyra Robertson, ext. 257, office D-118

Josée Alain, ext. 260, office D-103b

Virginie Gagné-Lamy, ext. 407, office D-105

An Academic Advisor will accompany me from the time I enter Cégep until my graduation. The Academic Advisor I am assigned will depend on the program I'm in. He/she can help me with:

- > Information on the nature and content of my program
- > Support with my academic progress (course selection, course dropping, recovery courses, program change, etc.)
- > Support and guidance in the case of educational or personal difficulties



## CENTRE D'AIDE EN FRANÇAIS (CAF)

### Room G-205 (Library)

The "Centre d'aide en français" is above of all a place where I can get help with any problem, big or small, that I may be experiencing with the French language. I can seek assistance for spelling, verb conjugation, grammar, editing a text, etc. A variety of approaches and methods are used. Among other things, the CAF offers a range of reference books and manuals, individualized services adapted to my concerns, advice on my writing assignments, and guidance on the purchase and use of materials on written French.

## ADAPTED SERVICES

### Jonathan Blais, ext. 247, office J-215

If I have special needs (physical disabilities, learning disabilities, a neurological disorder, etc.), I can receive the necessary accommodations to help with my integration and promote my success (extra time, evaluation software, adapted classroom, etc.). In order to receive accompanying services and also support from teachers and staff who are involved with me, I must provide the Adapted Services Counsellor with supporting documentation signed by a medical or qualified professional.

## WORKSHOPS

- > Time management
- > Note-taking
- > Meditation
- > Stress management
- > Healthy lifestyle habits

# OTHER SERVICES THAT CONTRIBUTE TO MY SUCCESS

## STUDENT FINANCIAL AID

**Jonathan Blais, ext. 247, office J-215**

The Financial Aid Service assists me in applying for a loan or a bursary and with getting help while awaiting funds.

## LIBRARY

**Ext. 296, room G-200**

- > Referencing and/or borrowing various documents (books, reference manuals, periodicals, newspapers, classified audiovisual)
- > Professional assistance and advising services for bibliographical research
- > Work spaces for individual and group work
- > Access to other libraries in the college network
- > Media production equipment

## STUDENT CO-OP

**418 968-COOP, room C-107**

I can purchase school supplies, course notes, and new or used books. The Co-op has the best prices. I can become a member by purchasing a partnership share that will entitle me to member prices.

## CAFETERIA

**Ext. 329, room C-111**

Monday to Friday, the cafeteria offers mainly breakfast and lunch with hot menus. There are also pre-prepared cold dishes, many snacks and beverages.





## STUDENTS RESIDENCES

**Jinny Beaudin, ext. 258, office D-108a**

Six blocks, each comprising six units (5 1/2), are available for students residing outside of Sept-Îles. A total of 108 students can be accommodated.

For further information:  
[cegepsi.ca/residences\\_eng](http://cegepsi.ca/residences_eng)

## FIRST NATIONS SERVICES

**Marilyne Déraps, ext. 423, office D-103a**

Kueil! Cégep de Sept-Îles has several services that support the integration and success of students from communities:

- > Cultural Committee
- > Personalized welcome day
- > Sponsorship
- > Adapted Literature and Humanities courses
- > Success Guide



## GUIDANCE COUNSELLING

**Kyra Robertson, ext. 257, office D-118**

- > Individual interviews and counselling services
- > Information and research on different fields of study and jobs
- > Various interests, aptitudes or personality tests available

## ACADEMIC AND CAREER INFORMATION

**Kyra Robertson, ext. 257, office D-118**

Cégep de Sept-Îles provides me with an academic and career information service:

- > Informs me about different college and university programs, their admission requirements, and selection criteria
- > Organizes academic information sessions such as conferences, discussions, workplace visits, career days, etc.
- > Keeps me aware of labour market conditions throughout these different activities

## SOCIAL WORKER TECHNICIAN

**Johannie Roy, ext. 293, office D-110**

If personal problems stand in the way of my academic success or if I need help or information, talking to a Social Worker Technician can help. Confidentiality is guaranteed.

## TRANSPORTATION (for Port-Cartier students)

**Jinny Beaudin, ext. 258, office D-108a**



is a public transportation system between Port-Cartier and Sept-Îles. To use this service, I must pay a \$5.00 membership fee to be a CTASI member. I must then pay \$395.00 for the term. I can also use TAXIBUS with my pass. If I don't want to pay for the term, I must pay \$6.00 per ride and \$10.00 to become a member.



# SPORTS ACTIVITIES and LES VOYAGEURS

Caroline Mailloux,  
Student Life Advisor, ext. 262, office D-102

Cégep de Sept-Îles has everything I need  
to keep fit or discover a new sport!

- > Double gymnasium
- > Training room
- > La-Voie climbing wall
- > Tennis courts
- > Soccer fields (natural and synthetic)
- > Sports equipment loans
- > Athletic track

If I want to be part of a college-level competitive team in the Réseau du sport étudiant du Québec (RSEQ), I can join "Les Voyageurs" in the following disciplines:

- > Soccer
- > Volleyball
- > Cross-country
- > Basketball
- > Golf



# SOCIAL AND CULTURAL Activities

**Sarha-Michel Thériault,**  
Recreation Technician, ext. 317, office D-101

To work on self-development outside of class,  
I can get involved in a group or project  
or participate in fun activities!

- > Cultural or community travel
- > "Plein-air" committee
- > "Les Fous-Tracs" theatre group
- > Improv troupe
- > Chit-Chatters' Club
- > Cégeps en spectacle
- > Meetings with the "Réseau intercollégial  
des activités socioculturelles du Québec"  
(RIASQ)
- > Expo-Sciences
- > Science, on tourne!
- > Quebec's Intercultural Week
- > Thematic celebrations
- > Conferences
- > Shows
- > Semaine du français Richelieu
- > Oktoberfest
- > And so much more!





# GENERAL ADMISSION REQUIREMENTS

To be considered for admission to a program leading to a Diploma of College Studies (DCS) at the Cégep de Sept-Îles, I must have a Secondary School Diploma (SSD) or a Diploma of Vocational Studies (DVS).

**I must also have successfully completed the following courses:**

- > Secondary IV History
- > Secondary IV Sciences
- > Secondary V Language of instruction
- > Secondary V Second language
- > Secondary IV Mathematics

**If I earned a Secondary School Diploma (SSD) or Diploma of Vocational Studies (DVS) through a Continuing Education program, I must have:**

- > Secondary V Language of instruction
- > Secondary V Second language
- > Secondary IV Mathematics

**And have successfully completed the prerequisite courses of the program (if applicable).**



## SPECIAL CONDITIONS FOR ADMISSION

The Cégep may admit me to enter conditionally if I'm missing a maximum of six units to obtain the SSD or one of the three compulsory subjects of the DVS. I must make up the missing units during my first semester.

## APPLICATION FOR ADMISSION

The Cégep de Sept-Îles belongs to the "Service régional d'admission au collégial de Québec" (SRACQ). Students must complete the admission form on the SRACQ's website: [www.sracq.qc.ca](http://www.sracq.qc.ca), and clicking on "Application."

## THE ROUNDS SYSTEM

This system provides a reasonable method for ensuring that the majority of applicants gain admission and helps to eliminate the multiple application phenomenon that artificially inflates student enrolment figures.

FALL TERM	
Deadline	Response
1 <sup>st</sup> round: March 1 <sup>st</sup>	Early April
2 <sup>nd</sup> round: May 1 <sup>st</sup>	Mid-May
3 <sup>rd</sup> round: June 1 <sup>st</sup>	Mid-June
WINTER TERM	
Deadline	Response
1 <sup>st</sup> round: November 1 <sup>st</sup>	Mid-November
2 <sup>nd</sup> round: December 1 <sup>st</sup>	Mid-December

If it's a positive response, the Cégep de Sept-Îles will send me a letter of acceptance and the necessary information to register officially.

## FOR INFORMATION

**Josée Alain**, Registrar  
418 962-9848, ext. 260  
[josee.alain@cegepsi.ca](mailto:josee.alain@cegepsi.ca)

# Springboard TO A DCS

081.06

## ADMISSION

I must meet the admission requirements on page 8.

## IT'S FOR ME IF:

- > I am undecided about my future career path.
- > I need to fulfil special requirements or admission to a college-level program.
- > I want to check out my interest in a program.
- > The program I chose is not open in the winter semester.
- > I prefer to familiarize myself with the college before making the jump to a specific program.

### Course Grid:

- \* 1<sup>st</sup> digit: number of class hours per week
- \* 2<sup>nd</sup> digit: number of lab or internship hours per week
- \* 3<sup>rd</sup> digit: number of hours of personal work per week

## SPRINGBOARD TO A DCS 081.06

Physical Activity and Effectiveness	0	2	1
Knowledge	3	1	3
Introduction to College English	2	2	4
Langue française	2	1	3
Complementary Course	2	1	3

*If needed: Prerequisites*

## THE CÉGEP DE SEPT-ÎLES EXPERIENCE

- > Educational support to facilitate my integration and promote my success
- > Meeting with a guidance counsellor to identify my professional choices
- > Workshops on the use of guidance tools
- > Observation internships in different workplaces
- > Courses taken during Springboard to a DCS will be credited in my future program, reducing the number of sessions, as a result
- > General and complementary education can be offered in French

## FOR INFORMATION

**Kyra Robertson**, Academic Advisor  
Office D-118  
418 962-9848, ext. 257  
[kyra.robertson@cegepsi.ca](mailto:kyra.robertson@cegepsi.ca)



# SCIENCE

200.B1



## I LIKE

- > Science
- > Problem solving
- > Establishing links between science, technology and the evolution of society
- > Developing my critical thinking with regard to scientific discoveries



## I HAVE

- > An appreciation for synthesis and analysis
- > An aptitude for logical reasoning
- > A sense of organization
- > An interest in abstract ideas



## I WANT TO PURSUE UNIVERSITY STUDIES IN FIELDS LIKE THE FOLLOWING:

- > Pure Sciences (biology, chemistry, geology, meteorology, microbiology, physics, mathematics)
- > Applied Sciences (actuarial science, architecture, industrial design, forestry, computer science, engineering)
- > Health Sciences (chiropractic, medicine, dentistry, veterinary medicine, nutrition, pharmacy, physiotherapy, nursing)
- > Some other science-related field



## ADMISSION REQUIREMENTS

**I must meet the admission requirements on page 8, including:**

- > Secondary V Mathematics Technical & Scientific Option or Mathematics Secondary V Science Option
- > Secondary V Physics
- > Secondary V Chemistry



## PROGRAM GOAL

- > Develop my ability to solve problems
- > Reflect on moral and ethical issues
- > Acquire an awareness of the social and economic impact of scientific discoveries
- > Understand the principles, theories and basic laws that explain natural phenomena
- > Apply a scientific approach
- > Recognize the relationships between scientific disciplines



## THE CÉGEP DE SEPT-ÎLES EXPERIENCE

### Bilingual Option

The Cégep de Sept-Îles allows me to enrol in a personalized immersion program during my college studies. This option has many advantages such as preparing me to pursue university studies in English or French and eventually to enter the labour market. I can register in the bilingual option on a term-by-term basis.

- > Choice between two profiles: **Health Sciences** or **Pure and Applied Sciences**
- > Science Centre
- > Modern laboratories
- > Scientific activities and competitions
- > Qualified, approachable teachers



## COURSE GRID

Course Grid:

- 1<sup>st</sup> digit: number of class hours per week
- 2<sup>nd</sup> digit: number of lab or internship hours per week
- 3<sup>rd</sup> digit: number of hours of personal work per week

### 1<sup>st</sup> SEMESTER

#### General Education Courses

Physical Activity and Health Knowledge	1	1	1
Computer Applications in Sciences	3	1	3
Introduction to College English	1	2	3
	2	2	3

#### Specific or Concentration Courses

Major Life Processes	3	2	3
Calculus I	3	2	3
General Chemistry	3	2	3

### 2<sup>nd</sup> SEMESTER

#### General Education Courses

Physical Activity and Effectiveness	0	2	1
World Views	3	0	3
Literary Genres	3	1	3

#### Specific or Concentration Courses

Calculus II	3	2	3
Chemistry of Solutions	3	2	3
Mechanics	3	2	3

### 3<sup>rd</sup> SEMESTER

#### General Education Courses

Physical Activity and Autonomy	1	1	1
Français langue seconde	2	1	3
Literary Themes	3	1	4

#### Specific or Concentration Courses

Linear Algebra	3	2	3
Electricity and Magnetism	3	2	3
Probability and statistics OR Organic chemistry	3	2	3

### 4<sup>th</sup> SEMESTER

#### General Education Courses

Ethics	3	0	3
Français langue seconde	2	1	3
English for Programs: Non-Fiction	2	2	2
Complementary Course # II	2	1	3

#### Specific or Concentration Courses

Waves, Optics and Modern Physics	3	2	3
General Biology OR Calculus III	3	2	3
Integration Health Sciences OR Integration Pure and Applied Sciences	3	2	3

## FOR INFORMATION

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Academic Advisor  
Office D-118  
418 962-9848, ext. 257  
[kyra.robertson@cegepsi.ca](mailto:kyra.robertson@cegepsi.ca)



# Social SCIENCE

300.A3



## I LIKE

- > Understanding human phenomena, including psychological and sociological phenomena
- > Learning about laws, paradigms and schools of thought in relation to their authors and the phenomena they help explain
- > Analyzing various socio-political issues from a global perspective
- > Using various technologies for processing information



## I HAVE

- > An open mind
- > An interest in psychology, sociology, history, and politics
- > The desire to express my ideas and discuss society's issues
- > The ability and interest to work in a team



## I WANT TO PURSUE UNIVERSITY STUDIES IN FIELDS LIKE THE FOLLOWING:

- > Education, physical education, teaching
- > History, human kinetics, industrial relations, journalism, law, political science
- > Career counselling, psychology, sexology, social work, sociology
- > Some other social science-related field



## ADMISSION REQUIREMENTS

I must meet the general admission requirements on page 8.

**NEW!**

**International Cooperation Trip Option!**





## PROGRAM GOAL

- > Demonstrate the qualities associated with scientific intellect and critical thinking
- > Develop the intellectual rigour necessary for advanced studies
- > Learn to use social science methodologies, such as reasoning, hypothesis-deduction, rational arguments, and the scientific method
- > Learn to correctly interpret information in the news, general articles, and statistics seen on a daily basis, and to use appropriate information technologies



## THE CÉGEP DE SEPT-ÎLES EXPERIENCE

### Bilingual Option

The Cégep de Sept-Îles allows me to enrol in a personalized immersion program during my college studies. This option has many advantages such as preparing me to pursue university studies in English or French and eventually to enter the labour market. I can register in the bilingual option on a term-by-term basis.

- > International cooperation trip
- > Social Science Centre
- > Educational activities
- > Qualified, approachable teachers

## FOR INFORMATION

**Kyra Robertson,**  
Academic Advisor  
Office D-118  
418 962-9848, ext. 257  
[kyra.robertson@cegepsi.ca](mailto:kyra.robertson@cegepsi.ca)



## COURSE GRID

Course Grid:

- 1<sup>st</sup> digit: number of class hours per week
- 2<sup>nd</sup> digit: number of lab or internship hours per week
- 3<sup>rd</sup> digit: number of hours of personal work per week

### 1<sup>st</sup> SEMESTER

#### General Education Courses

Physical Activity and Health Knowledge	1	1	1
Using Computers	3	1	3
Langue française et ...	1	2	3
Introduction to College English	2	1	3
Introduction to College English	2	2	4

#### Specific or Concentration Courses

Initiation to History of Western Civilization	2	1	3
Initiation to Psychology	2	1	3

### 2<sup>nd</sup> SEMESTER

#### General Education Courses

Physical Activity and Effectiveness	0	2	1
World Views	3	0	3
Langue française et ...	2	1	3
Literary Genres	2	2	3

#### Specific or Concentration Courses

History of Modern Times	3	0	3
Quantitative Methods	2	2	2
Cultural Anthropology	2	1	3
Introduction to Geopolitics : The Word Today	2	1	2

### 3<sup>rd</sup> SEMESTER

#### General Education Courses

Physical Activity and Autonomy	1	1	1
Literary Themes	2	2	3
Complementary Course #2	1	2	3

#### Specific or Concentration Courses

Practical Initiation to Social Science Methodology	2	2	2
Initiation to Global Economics	2	1	3
Politics in Quebec and Canada	3	0	3
Business and Law	2	1	2
Advanced Quantitative Methods OR Social Psychology	2	1	3

### 4<sup>th</sup> SEMESTER

#### General Education Courses

Ethics	3	0	3
English for Programs: Non-Fiction	2	2	2

#### Specific or Concentration Courses

Human Biology	2	1	3
Integration Activity in Social Science	1	2	3
Historical Backgrounds of Contemporary Quebec	3	0	3
Human Development	2	1	3
Economic Agents	3	0	3